

Wildcat Mentor Society Resource Guide

This document is designed to be a resource to help when directing students to University Services.

General

Tremain Ravenell or Syndric Steptoe: Please use us as your first line of support with any serious student issues. This way we can help to point you in the right direction of existing resources.

Tremain.ravenell@al.arizona.edu, Syndric.Steptoe@al.arizona.edu

Dean of Students: Student Assistance serves as a central support resource for all students. We help students and their families manage crises, life traumas, and other barriers that impede success. The staff works to address the needs of students who struggle in such areas as psychological health, physical health, victimization, relationship issues, social adjustment, and academics through a variety of interventions, referrals, and follow up services. We strive for a culture of caring on campus.

<https://deanofstudents.arizona.edu/student-assistance/students/student-assistance>

Mental Health:

Our mission at Counseling & Psych services (CAPS) is to help students thrive personally and academically. To do this, we offer direct clinical services to enrolled students, consultation with concerned family, friends, faculty, and staff in service of students, and outreach and education to the UA community.

<https://health.arizona.edu/counseling-psych-services>

LGTBQ:

The Office of LGBTQ Affairs works to build, sustain, and strengthen a safe, inclusive, and open environment for faculty, staff, appointed professionals, students, alumni, parents, and guests of all gender identities and sexual orientations. To better serve students who identify as LGBTQ, the UA established the Office of LGBTQ Affairs in 2007. This momentous decision was brought about after nearly twenty years of advocacy by LGBTQ students, faculty and staff. They devoted hour-upon-hour to promote equity in University policies and practices. They worked equally as tirelessly to sponsor educational opportunities to build an inclusive campus climate. <https://lgbtq.arizona.edu/>

Safe Zone Training:

Safe Zone is a campus-wide training program committed to making The University of Arizona a safer, more welcoming, and inclusive environment for members of the lesbian, gay, bisexual, transgender and queer (LGBTQ+) community. The intention of the program is to shift campus climate through education. All workshops are free and open to the campus community. **Any mentor is welcome and all are strongly encouraged to participate just reach out to Tremain or Syndric and we can facilitate.** An individual's participation in Safe Zone often sends a strong message to campus community members that they are an identifiable source of support and nurturance for LGBTQ+ students, staff, and faculty on our campus.

Veterans:

Veterans Education and Transition Services strives to provide the tools and assistance necessary for students to achieve academic success while fostering camaraderie and engagement. VETS is an organization run by veterans, spouses, dependents, and current service members who through their shared experiences endeavor to maintain a dynamic and effective program which is responsive to the needs of our community. <http://vets.arizona.edu/>

Career:

At the University of Arizona, Student Engagement & Career Development leads and coordinates our campus-wide commitment to foster career success for each student we admit, retain, and graduate. As students, families and the public become increasingly interested in measures of the return on their investment in higher education, we commit to our mission to inspire and prepare all graduates to create lives of opportunity aligned with their purpose and values. <https://career.arizona.edu/about-us>

Handshake:

Every current, degree-seeking UA student and recent graduate from within the past year has a new account on Handshake ready and waiting. On Handshake, you can easily search and apply for on-campus jobs, internships, and full-time opportunities with employers recruiting UA students and alumni. <https://career.arizona.edu/jobs/handshake>