Preserving Paradise: National Parks and Private Reserves

March 15 - 23, 2019
With 4% of the earth’s biodiversity packed onto just 0.03% of its surface, Costa Rica’s varied ecosystems encompass a wealth of nature to preserve and protect. On this 9-day expedition, delve into the country’s national parks and private reserves to observe the lush landscape and diverse wildlife by foot, boat, and even on horseback. As you traverse one of the world’s most impressive biological footprints, you’ll also meet with local citizens and naturalists to discuss issues of conservation and sustainability. Join us for an unforgettable experience through Costa Rica’s verdant paradise with your fellow University of Arizona alumni!
Dear Arizona Alumni and Friends,

We invite you to join us in exploring the natural paradise that is Costa Rica, where national parks and private reserves protect more than one-fourth of the land, and colorful wildlife abounds.

As you visit renowned parks and reserves like Carara National Park, Selva Verde Private Reserve, and Savegre Natural Reserve, you’ll not only experience Costa Rica’s lush landscapes and impressive biodiversity, you’ll also engage with local citizens and naturalists about the history and future of this environmentally-conscious country.

You won’t want to miss this unforgettable learning adventure. We expect our limited space will fill up quickly. Please make your reservation as soon as possible to guarantee your spot!

Warm regards,

Lisa Valentine
Director, UA Alumni Travel & Signature Events
The University of Arizona Alumni Association
www.arizonaalumni.com/travel
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UA ALUMNI TRAVEL RESERVATION FORM
Preserving Paradise: National Parks and Private Reserves of Costa Rica

Enclosed is my/our deposit for $_______($500 per person) for ____ person/people on the tour listed below.
I/we understand the final payment is due at least 95 days prior to departure. Payment may be made by American Express, Discover, MasterCard, or VISA, or by personal check. Please make check payable to Holbrook Travel, Inc. and mail deposit check to: The University of Arizona Alumni Association, Attn: Alumni Travel, 1111 N. Cherry Ave, Tucson, AZ 85721. For questions, please call toll free 800-451-7111.

Full Passport Name________________________________ DOB ____________ Gender ______
E-mail ______________________________________________ Class Year _______________

Full Passport Name________________________________ DOB ____________ Gender ______
E-mail ______________________________________________ Class Year _______________

Badge Name(s) _____________________________________________________________

Address ___________________________________________________________________
City _____________________________________ State ____________ ZIP ______________
Home Ph. (_______)_____________________   Cell Ph. (_______)______________________

Please book my/our air from __________________. I/we request an air upgrade to _____________.

☐ I will share a room with __________________________.
☐ I request a single room (limited availability).

Pre- or Post-Tour Extension (as described on tour page): ☐ Y ☐ N

Note: The undersigned has read the schedule of activities for the above-referenced tour, and agrees that their signature(s) below represent(s) their acceptance of the General Terms and Conditions.

Signature(s) __________________________________________ Date________________

Method of Payment ☐ Check ☐ American Express ☐ Discover ☐ MasterCard ☐ VISA
Account # ____________________________ Security Code ________ Exp. Date _________

Name of Cardholder _______________________________________________________
Signature ______________________________________________________________

Final invoicing will be sent by our tour operator, Holbrook Travel, Inc. The balance of the program price must be paid to Holbrook Travel. Final payment is due 95 days prior to departure (check or credit card).
WHY COSTA RICA? With one-fourth of its land mass under preservation, Costa Rica encompasses 12 climatic zones along mountains, forests, ocean, and coast, and boasts nearly 4% of the world's biodiversity – despite spanning just 0.03% of the earth's surface.

PROGRAM HIGHLIGHTS

• Explore Costa Rica’s most awe-inspiring natural beauty in Carara National Park, Selva Verde Private Reserve, and Savegre Natural Reserve.

• Learn about sustainability and conservation during a hands-on experience at a chocolate farm.

• Watch for wildlife and discuss land use during a boat ride on the Sarapiquí River.

• Engage in community discussion during talks on local history, wildlife, and rainforest conservation.

• Hit the trails for a chance to see tropical birds like the iconic Resplendent Quetzal.

• Pass through rainforest, dry forest, cloud forest, riverine, volcanic, and coastal environments as you explore the breadth of Costa Rica’s landscape.

ACTIVITY LEVEL

MODERATE: involves daily walking, hiking, and/or stair-climbing.
MARCH 15 - SAN JOSÉ
Upon arrival at the airport in San José you will be met by your local guide and transferred to the hotel. *Overnight at Wyndham Herradura.*

MARCH 16 - SARAPIQUÍ
This morning meet for breakfast and orientation at 7:00 am in the hotel restaurant, then check out and transfer to Selva Verde Lodge & Rainforest Reserve. Upon arrival, receive an orientation to the lodge and the Sarapiquí Conservation Learning Center. Following lunch, head to the nearby Tirimbina Reserve for a visit to a working chocolate farm. During this hands-on experience, learn how ancestral indigenous traditions tie in with modern commercial needs and discuss the sustainability of commercial crops, particularly chocolate, which needs shade to grow. Discuss the importance of weaving humans into the conservation landscape to support creating sustainable livelihoods and conservation. Return to Selva Verde Lodge for dinner. This evening enjoy a lecture on the importance of Selva Verde in the creation of a biological corridor between Braulio Carrillo National Park and the Caribbean coast, with highlights of the plants and animals found in and associated with the rainforest at Selva Verde. *Overnight at Selva Verde Lodge & Rainforest Reserve. (BLD)*

MARCH 17 - SARAPIQUÍ
After an early morning breakfast, hike the Selva Verde Rainforest Reserve with your expert naturalist guide, observing wildlife.
such as howler monkeys, toucans, macaws, frogs, and sloths. Enjoy lunch at the lodge, then take a nature boat ride on the Sarapiquí River. The journey will introduce the birds and animals that frequent the riverine vegetation, including caimans and a variety of water birds. A site lecture during the boat ride will draw attention to the land use on the river banks and the human impact on the ecology of the river system. Return to the lodge for time to relax and enjoy its amenities. *Overnight at Selva Verde Lodge & Rainforest Reserve.* (BLD)

**MARCH 18 – CARARA**

Enjoy early morning birding on the grounds of Selva Verde with your guide. After breakfast, depart for La Paz Waterfall Gardens, a private nature park and animal sanctuary set in the mist of the cloud forest. Explore the many trails and picturesque waterfalls as well as the hummingbird garden, butterfly observatory, lush botanicals, and much more. After lunch at La Paz, continue to Villa Lapas, situated on a 500-acre private reserve near the Pacific Coast. *Overnight at Hotel Villa Lapas.* (BLD)

**MARCH 19 – CARARA**

Rise early for birding along the forest trails. After breakfast, explore the biodiversity of the transitional forest during a hike in the Carara National Park. Experience double the diversity exploring this forest, which overlaps Pacific rainforest and tropical dry forest. Next, set out on the famed Tárcoles River for an up-close experience with the massive crocodiles that inhabit these waters. Return to the lodge for lunch and then hike along the Villa Lapas Sky Way, a series of suspended bridges stretching through the heart of the forest canopy. This evening there will be a lecture on macaws and crocodiles, followed by a night walk to look for kinkajous and other nocturnal creatures. *Overnight at Hotel Villa Lapas.* (BLD)

**MARCH 20 – SAN GERARDO DE DOTA**

After breakfast, head toward the tropical cloud forest realm of San Gerardo de Dota. En route stop at Hacienda Barú for lunch and a talk on rainforest conservation. Continue to the Savegre Hotel, Natural Reserve & Spa, home to a 1,000-acre reserve and one of Costa Rica’s treasures, the beautiful Resplendent Quetzal. This evening, after settling in at the hotel, talk with a member of the local Chacón family about the history of the settlement of this region. *Overnight at Savegre Hotel, Natural Reserve & Spa.* (BLD)
MARCH 21 – SAN GERARDO DE DOTA
Spend a full day exploring the hotel and its near 20 miles of surrounding forest trails. A highlight includes a horseback ride along the bank of the Savegre River. This evening is at leisure to relax and perhaps enjoy the spa. **Overnight at Savegre Hotel, Natural Reserve & Spa.** (BLD)

MARCH 22 – SAN JOSÉ
Begin the day with an early morning hike to seek out and photograph Resplendent Quetzals, the iconic birds of these forests. Breakfast is followed by check-out and a visit to Irazú Volcano en route to the hotel in for a farewell dinner. **Overnight at Wyndham Herradura.** (BLD)

MARCH 23 – DEPART
Transfer to the airport for the flight home, or begin your optional extension to Arenal. **Check-out time at the Hotel Herradura is 11:00 am.** (B)

### SAMPLE ACCOMMODATION

**SELVA VERDE LODGE**
Holbrook Travel’s own Selva Verde Lodge is nestled amid lowland tropical rainforest along the Sarapiquí River. Simple, comfortable rooms tucked into the lodge’s tropical gardens provide a cozy place to rest after adventure-filled days. Visitors can take advantage of the trails in Selva Verde’s private 500-acre reserve, an ideal spot for birders, nature enthusiasts, and hikers desiring to experience the rainforest.

### OPTIONAL EXTENSION

**ARENAL**
March 23 – 26, 2019
4 days/3 nights for $1,640
Single supplement: $380

Experience even more of Costa Rica’s natural wonders at Arenal, where you’ll trek and zipline amid the forest canopy, hike across lava flows, and learn more about the abundant flora and fauna in this geologically unique region. You’ll also have the chance to relax in the soothing hot springs of Arenal, which are rich in minerals and heated naturally by the volcano.

**Your tour price includes:**
- 2 nights’ accommodations at Arenal Springs Resort & Spa
- 9 meals: 3 breakfasts, 3 lunches, 3 dinners
- Full day at Arenal Sky Walk/Sky Trek Park
- Hike at Arenal National Park
- Visit to Danaus Eco Center
- Non-alcoholic beverages with meals
- Departure tax

### PRICING

$3,400 per person

Price is based on double occupancy with 10 participants. Single occupancy offered at additional cost of $200.

**Your price includes:**
- 8 nights’ accommodations in Deluxe and Superior First Class hotels
- 22 meals (8 breakfasts, 7 lunches, 7 dinners)
- Non-alcoholic beverages with meals
- Sightseeing and activities as described, including entrance fees
- Holbrook Travel tour guide
- Private motorcoach or minibus transportation throughout your trip
- Luggage handling, one bag per person
- Bottled water on the bus
- Gratuities for local guides and drivers
- Carbon offset
- Departure tax

Price does not include: international airfare, trip cancellation insurance, gratuities for maids, drinks purchased on own, or items of a personal nature.

Holbrook Travel can assist with making your flight arrangements upon request. Trip cancellation insurance is strongly recommended (offered through the University of Arizona Alumni).
GENERAL TERMS AND CONDITIONS
Please read this information carefully, as payment of a deposit represents your acceptance of the following Terms and Conditions.

Not Included in Your Tour Price domestic airfare from your departure city; costs of passports and visas; personal expenses such as beverages, laundry, room service, and meals not specified; communications charges; gratuities to your Holbrook Travel Tour Guide which are at your discretion (suggested gratuities $10-$15 per guest, per day); and trip cancellation insurance. Additional baggage fees levied directly by the airline(s) may apply and are subject to change at any time. You should confirm directly with your airline(s) prior to departure.

International Air Transportation Estimated airfare: $950 from Phoenix to San José. Holbrook Travel offers group airfare and ticketing. Group transfers between the airport and hotel are included in your program cost. A note about online airfare. Occasionally, you may be able to find airfares online that are listed at a lower cost. In general, individual fares lack the flexibility of group airfare and often require immediate purchase. You will receive your preliminary air schedule approximately 2½ months prior to departure. Please note that seat assignments on your international flight are usually done at airport check-in. Holbrook Travel is unable to guarantee any seat assignments. Due to the nature of tour operator tickets, other restrictions apply, including but not limited to, frequent flyer mileage accrual, stopovers, alternate travel dates, upgrades, and airline taxes and departure fees. If you prefer to make your own travel arrangements, booking the tour “Land Only” is available. We recommend that if you choose to make your own airline reservations, you do not purchase non-refundable tickets or those with high penalties for changes. If you choose to make your own air arrangements, The University of Arizona Alumni Association and Holbrook Travel, Inc. shall not have any liability for any loss resulting from cancellation of this tour or changes in this tour.

Cancellations, Changes and Refunds If you must cancel your tour, the effective date of cancellation will be upon our receipt of your notification. All cancellations need to be submitted in writing to UA Alumni Travel. Refunds for cancellations are subject to the following per person charges: Cancel 95 days or more before departure: $300 charge; Cancel 95-0 days before departure: no refund. Please note that we will not refund the cost of any unused portion of your tour package. We will not charge a fee for any changes made to your reservation outside of 95 days before departure. From 94 to 30 days before departure, if you make any changes to your reservation, a $100 per person administrative fee will apply, in addition to any fees or penalties imposed by airlines, hotels, or other third parties. Changes are subject to availability and cannot be guaranteed. If your reservation changes from double occupancy to single occupancy for any reason, you will be charged the single supplement. No changes to your reservation can be made within 30 days of departure. Trip cancellation insurance is available from UAAA and information will be sent after you reserve. You may research travel insurance online at travelinsure.com/cobrand/select/uaa. If due to unforeseen circumstances Holbrook Travel cancels your tour, you will receive a complete refund of all payments you have made to us.

Health and Medical Issues We welcome all travelers, but request that you be in good health to participate on a Holbrook Travel tour. All of our tours involve a reasonable amount of walking (typically two to three miles per day). You must be able to get on and off motorcoaches on your own. We regret that we cannot provide individual assistance, in such cases you must be accompanied by a companion who will assist you. Please note that our itineraries cannot accommodate wheelchairs. We reserve the right to remove anyone whose physical condition or behavior, in our opinion, compromises the operation of the tour or detracts from the enjoyment or safety of the other tour members. In that event, The University of Arizona Alumni Association and Holbrook Travel assume no financial responsibility for any unused portion of the tour. For the convenience of the majority of our travelers, Holbrook Travel has a No Smoking policy on all tour buses. We will arrange sufficient rest stops so those who wish to smoke may do so.

Required Information Upon reservation, you must provide your full name as it appears on your passport, date of birth, and gender (for details, please visit tsa.gov). In the event an airline ticket is issued with incorrect information you have provided, or if you use a different passport than originally cited, you will be responsible for charges associated with the ticket's reissue. A passport valid for at least six months after the completion of your tour is required for U.S. citizens on this tour.

Responsibility The liability of The University of Arizona Alumni Association (UAAA), as sponsor, and Holbrook Travel Inc., as tour operator, is strictly limited. UAAA and Holbrook Travel, Inc. purchase transportation, hotel accommodations, restaurant and other services from independent suppliers not under our control. We serve only as agents for these suppliers in securing tour arrangements, and therefore will not accept responsibility for wrongful, negligent, or arbitrary acts or omissions of these independent contractors, their employees, agents, servants, or representatives. UAAA and Holbrook Travel, Inc. are not liable for injury, damage, loss, accident, or delay that may be caused by events not within our control, including without limitation, acts of terrorism, war, strikes, the defect of any vehicle, or the negligence or default of any third party. All coupons, receipts, and tickets issued are subject to the terms and conditions specified by the air carriers, cruise line, and other independent suppliers. We will make every effort to operate our tours as planned, but we reserve the right to make itinerary changes as necessary. If unforeseen circumstances require us to change a hotel, we will select alternative accommodations of the same or better quality and may change due to factors such as government regulations, water levels, or weather conditions. The services of any IATA and ATC carrier may be used in connection with these tours. The participant understands that if he/she books special low cost airfares with penalties, and cancels the reservation, he/she is responsible for any penalties incurred from the airline.