ALUMNI ASSOCIATION presents

**Changing Tides of History**

**CRUISING THE**

**Baltic Sea**

**Sweden • Finland • St. Petersburg • Estonia • Poland • Denmark**

Featuring Guest Speakers

**Lech Wałęsa**
Former President of Poland

and

**Sergei Khrushchev**
Son of Nikita Khrushchev

May 23 to June 1, 2019
Dear Alumni and Friends:

Join us for the rare opportunity to explore the lands and legacies forged by centuries of Baltic history. Hear and learn more firsthand from historic world leader, Nobel Peace Prize Laureate and former President of Poland, Lech Wałęsa, and from noted author and award-winning scholar Sergei Khrushchev, son of Soviet Premier Nikita Khrushchev.

One of the great cruise itineraries of the world, this unique Baltic Sea voyage features six Baltic countries and seven UNESCO World Heritage sites. Our program is scheduled during the best time of year, as the natural phenomenon of the luminous “White Nights” begins.

Experience the cultural rebirth of the Baltic States and imperial past of St. Petersburg, Russia, while cruising aboard the exclusively chartered, Five-Star, all-Suite Star Breeze, featuring only 106 ocean-view Suites. In the tradition of ancient Viking mariners and medieval merchants, set forth from the cosmopolitan, royal Swedish capital and seaport of Stockholm to Denmark’s sophisticated, innovative and exceptionally “green” capital city of Copenhagen. Spend two days docked in the heart of regal St. Petersburg, featuring visits to the world-acclaimed State Hermitage Museum, the Peter and Paul Fortress and the spectacular czarist palaces at Petrodvorets and Pushkin. View the storied architecture of Helsinki, Finland; tour the well-preserved medieval Old Town of Tallinn, Estonia; explore the former Vikings site and Hanseatic League town of Visby on Sweden’s Gotland Island; and immerse yourself in the legacy of the Solidarity movement in Gdańsk, Poland. Experience the Splendors of Stockholm during the Pre-Cruise Option, and on the Wonders of Norway Post-Cruise Option, visit the vibrant city of Bergen, cruise through stunning fjordlands and enjoy one of the world’s most scenic train rides.

This exclusive travel program features a comprehensive itinerary, Five-Star Suite accommodations, a specially arranged shore excursion in each port and all meals and gratuities. Book now, as capacity is limited and this popular program sells out quickly!

Sincerely,

Lisa Valentine
Director of UA Alumni Travel & Signature Events
The University of Arizona Alumni Association
www.arizonaalumni.com/travel
lisaval@al.arizona.edu
U.S.  
Thursday, May 23  
Depart the U.S.

Stockholm, Sweden  
Friday, May 24  
From Sweden's "Venice of the North," embark the Five-Star, All-Suite STAR BREEZE and cruise through the scenic Stockholm archipelago.

Helsinki, Finland  
Saturday, May 25  
By special arrangement, enjoy an engaging lecture with distinguished author and scholar Dr. Sergei Khrushchev.

Named the World Design Capital in 2012, Helsinki merges the influence of Classicism and the Finnish National Romantic Movement with Functionalism, establishing design as a permanent and significant component of the city. Approach this "Daughter of the Baltic Sea," while cruising past the 18th-century maritime fortress of Suomenlinna, a UNESCO World Heritage site. On a panoramic city tour, see the stately Senate Square, University of Helsinki, Helsinki Cathedral, Kaivopuisto Park, Parliament Building and Finlandia Hall by the South Harbor and visit the sprawling, modernistic Temppeliaukio Church, or "Church of the Rock," impressively hewn into solid natural bedrock.

After exploring the lively Market Square at leisure, reboard the ship and attend the Captain’s Welcome Reception.

St. Petersburg, Russia  
Sunday, May 26  
Founded in 1703 as his "Window on the West," St. Petersburg is Peter the Great’s extraordinary vision.

Cruise into the heart of the city and continue to the UNESCO World Heritage-designated Grand Palace of Petrodvorets, commissioned by Peter the Great to rival the Palace of Versailles, and its elaborately landscaped grounds, encompassing two centuries of imperial style, executed to perfection. Return to the ship by hydrofoil.

Enjoy a specially arranged, guided tour of the incomparable State Hermitage Museum. One of the world’s greatest art repositories, the UNESCO World Heritage-designated museum was the former palace of Catherine the Great. Its prestigious collections are rivaled only by the museum’s lavish interior.

Cover photo: Spanning 14 small islands, where shimmering Lake Mälaren meets one of the largest archipelagos in the Baltic Sea, Stockholm preserves its splendid medieval and Renaissance architecture.

Photo this page: Peter the Great himself partially engineered the resplendent plexus of waterfalls, fountains and statues that adorns the foreground of the opulent Grand Palace at Petrodvorets.
Baltic Sea
North
Sea

where landmarks are scattered across more than 40 islands linked by more than 300 bridges. See exquisite examples of Russian Baroque and neoclassical architecture along the main thoroughfare, Nevsky Prospekt; the ornate Church of the Savior on Spilled Blood (Church of the Resurrection of Christ), built on Emperor Alexander II’s assassination site; and the 19th-century St. Isaac’s Cathedral, whose striking golden dome crowns the city’s skyline.

Visit St. Petersburg’s first building, the Peter and Paul Fortress, constructed to secure the country’s access to the sea, and the Baroque Cathedral of Saints Peter and Paul, where 32 czars, from Peter the Great to Nicholas II, the last of the Romanovs, are interred.

Tallinn, Estonia
Tuesday, May 28
Tallinn’s UNESCO World Heritage-designated Old Town, has remained virtually unchanged for 600 years, largely escaping the ravages of World War II. During the walking tour, see the landmark Alexander Nevsky Cathedral, the 13th-century Church of St. Nicholas and Toompea Castle, the seat of Estonia’s Parliament. Visit the medieval Town Hall, the only intact Gothic-style hall in Northern Europe. During leisure time, wander Tallinn’s incredibly preserved Old Town before returning to the ship.

Visby, Gotland Island, Sweden
Wednesday, May 29
Call at the Baltic island of Gotland, rich with Swedish history and abundant Viking and medieval sites. The UNESCO World Heritage-designated Old Town of Visby, the former Baltic center of the Hanseatic League, is arguably the best preserved medieval city in Scandinavia. On the walking tour through the cobbled streets of this “city of roses,” see 13th-century walls and original medieval architecture, tour the Gotlands Historical Museum and view the interior of the Cathedral of St. Mary; enjoy leisure time in the Market Square.

Gdańsk, Poland
Thursday, May 30
A former flourishing Hanseatic League port, today Gdańsk proudly displays its restored, late Renaissance and Baroque patrician mansions in the Stare Miasto (Old Town). Stroll along the pedestrian-only Droga Królewska (the Royal Route) and the Long Wharf to see the magnificent Neptune’s Fountain and the 14th-century Artus Court, a Gothic guildhall inspired by Britain’s legendary King Arthur.

In 1980, shipyard workers led by Lech Wałęsa founded the Solidarity movement, the first independent trade union in Eastern Europe and key to winning Poland’s struggle against Communism.

Tallinn, Estonia
Tuesday, May 28
Tallinn’s UNESCO World Heritage-designated Old Town, has remained virtually unchanged for 600 years, largely escaping the ravages of World War II. During the walking tour, see the landmark Alexander Nevsky Cathedral, the 13th-century Church of St. Nicholas and Toompea Castle, the seat of Estonia’s Parliament. Visit the medieval Town Hall, the only intact Gothic-style hall in Northern Europe. During leisure time, wander Tallinn’s incredibly preserved Old Town before returning to the ship.

Visby, Gotland Island, Sweden
Wednesday, May 29
Call at the Baltic island of Gotland, rich with Swedish history and abundant Viking and medieval sites. The UNESCO World Heritage-designated Old Town of Visby, the former Baltic center of the Hanseatic League, is arguably the best preserved medieval city in Scandinavia. On the walking tour through the cobbled streets of this “city of roses,” see 13th-century walls and original medieval architecture, tour the Gotlands Historical Museum and view the interior of the Cathedral of St. Mary; enjoy leisure time in the Market Square.

Gdańsk, Poland
Thursday, May 30
A former flourishing Hanseatic League port, today Gdańsk proudly displays its restored, late Renaissance and Baroque patrician mansions in the Stare Miasto (Old Town). Stroll along the pedestrian-only Droga Królewska (the Royal Route) and the Long Wharf to see the magnificent Neptune’s Fountain and the 14th-century Artus Court, a Gothic guildhall inspired by Britain’s legendary King Arthur.

In 1980, shipyard workers led by Lech Wałęsa founded the Solidarity movement, the first independent trade union in Eastern Europe and key to winning Poland’s struggle against Communism.
Visit the historic Lenin Shipyard, where the movement began, see its Monument to the Fallen Shipyard Workers and meet the leader of the Solidarity movement, former President of Poland and Nobel Peace Prize Laureate Lech Wałęsa on board the ship this evening, where he will present his perspective on Solidarity, globalization and progress in the region.

Cruising the Baltic Sea
Friday, May 31
Spend the day at leisure cruising the Baltic Sea while enjoying a series of enriching lectures and the Captain’s Farewell Reception this evening.

Copenhagen, Denmark/U.S. Saturday, June 1
Arrive in colorful Copenhagen, Denmark’s world-class capital. Disembark and continue on the Wonders of Norway Post-Cruise Option or depart for the U.S.

Splendors of Stockholm
A Royal Seaport and Capital City
Pre-Cruise Option
Handsome Stockholm is a harmonious blend of medieval Renaissance and modern architecture showcased across 14 small islands connected by more than 23 bridges. Visit the magnificent City Hall, the site of the annual Nobel Prize banquet. Walk through the Gamla Stan (Old Town) and visit the maritime museum built to house the Vasa, the world’s only preserved 17th-century warship. Spend two nights in the ideally located Sheraton Stockholm Hotel.

Wonders of Norway
Copenhagen ♦ Oslo ♦ Fjords ♦ Bergen
By Coastal Ferry and Flåm Mountain Railway
Post-Cruise Option
Immerse yourself in majestic Norwegian landscapes and Scandinavian culture on this unique five-night journey from Copenhagen to Bergen. Enjoy an exclusively chartered cruise along Copenhagen’s idyllic canals, the highlights of vibrant Oslo and a private cruise into UNESCO World Heritage-designated Nærøyfjord. Travel through pristine fjordlands on the Flåm Railway, one of the world’s most scenic train rides, amid snowcapped mountains and alpine lakes. Tour the historic city of Bergen, including Bryggen (the old wharf), a UNESCO World Heritage site, and visit Trolldalen, the home of famed composer Edvard Grieg. Spend four nights in comfortable hotels, including the historic Stalheim Hotel, and one night aboard an award-winning Seaways ferry.

Pre- and Post-Cruise Options are available at additional cost. Details will be included with your reservation confirmation.
Balcony Suite

Exclusively Chartered, Five-Star mv Star Breeze

Five-Star, All-Suite, Small Ship
Enjoy intimate, Five-Star cruising at its finest aboard the Star Breeze, renovated and relaunched in 2015. Among Travel + Leisure magazine’s “World's Best,” this small ship can dock in ports inaccessible to larger vessels and celebrates traditional “sail aways” on deck.

With Our Compliments
A host of complimentary indulgences awaits you—flowers and fruit in your Suite to welcome you aboard, house wine with dinner, all alcoholic and nonalcoholic beverages throughout the cruise and in your Suite minibar, specialty coffees and light snacks in the Yacht Club, and 24-hour room service. And, shipboard gratuities are included.

Life On Board
Offering educational presentations, panoramic views, nightly entertainment and quiet retreat, the ship’s tastefully appointed public areas include a large lounge, two bars, library with computers, spa, fitness center, casino and outdoor whirlpool and counter-current pool. The ship has two elevators.

AmphorA Restaurant

Only 106 Spacious Luxury Suites
Ideal for private viewing of passing landscapes are the Classic Suites, each with a private, furnished veranda, and the French Balcony Suites, with an expansive sliding glass door and wooden railing. Ocean-View Suites have one picture window. Each of the Five-Star Suites features individual climate control, one queen bed or two twin beds, a private bathroom with shower (most with full bathtub), sitting area and luxurious amenities, including flat-screen television, Wi-Fi access, safe, walk-in closet, plush robes and slippers.

World-Class Dining
The elegant dining room serves contemporary international cuisine and accommodates all guests in a single seating. You may enjoy breakfast and lunch in the indoor-outdoor restaurant or reserve a table for alfresco evening dining.

Award-Winning Service
With a ratio of one crew member for every 1.5 guests, you will enjoy personal and attentive service. There is a physician and medical facility on board.

Sun Deck
Included Features

Acclaimed Guest Speakers
- Poland’s former President and Nobel Peace Prize Laureate Lech Wałęsa.
- Scholar and author Sergei Khrushchev, son of Soviet Union Premier Nikita Khrushchev.

On Board the Exclusively Chartered, Five-Star, All-Suite, Small Ship STAR BREEZE
- Eight-night cruise from Stockholm, Sweden to Copenhagen, Denmark.
- Spacious, Five-Star ocean-view Suite.
- Captain’s Welcome and Farewell Receptions.
- Complimentary alcoholic and nonalcoholic beverages available throughout the cruise.
- All meals aboard ship.
- City tour of Helsinki featuring a visit to Temppeliaukio Church.
- Tour of the storied port city of Gdańsk, including its historic Lenin Shipyard and Old Town.

UNESCO World Heritage Site Highlights
- View of the old fortifications of Suomenlinna in Helsinki.
- City tour of St. Petersburg, featuring a visit to the impressive Peter and Paul Fortress.
- Specially arranged entry to St. Petersburg’s world-renowned State Hermitage Museum.
- Excursions to Peter the Great’s Petrodvorets and Catherine Palace in Pushkin, featuring the acclaimed Amber Room—including a lunch of traditional Russian specialties.
- Walking tour of Tallinn’s lower town and Town Hall Square.
- Walking tour of Visby, a historic former Hanseatic city on the island of Gotland.

Always Included
- Transfers and luggage handling abroad if your arrival(s)/departure(s) coincide with the scheduled group transfer(s).
- Experienced, English-speaking local guides for included excursions.
- Gratuities to shipboard personnel and to local guides and drivers on included excursions and transfers.
- Group visa is included for excursions in Russia.
- Complimentary bottled water in your Suite and on excursions.
- Hospitality desk aboard the ship.
- Experienced Gohagan & Company Travel Director at your service.
- Complimentary use of an audio headset during guided excursions.
- Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
By exclusive arrangement, Lech Wałęsa, former President of Poland (1990 to 1995), Polish hero and international icon in the pursuit of freedom and democracy, will meet with our group on board the Star Breeze. From his position as a marine electrician in Gdańsk’s Lenin Shipyard, Mr. Wałęsa emerged as a world-renowned figure in the struggle against Communism during the 1980 shipyard workers’ strike and the establishment of the Polish Solidarity labor movement. Despite winning the right to form an independent union, Mr. Wałęsa and Solidarity continued to confront the Soviet-backed regime of General Wojciech Jaruzelski, which jailed Mr. Wałęsa and imposed martial law in Poland in December 1981. Mr. Wałęsa was awarded the Nobel Peace Prize in 1983, a watershed moment widely considered to have been the first crack in the Soviet Union’s Iron Curtain, which crumbled with the Berlin Wall in 1989. Mr. Wałęsa became the first foreign non-head of state to address a joint meeting of the U.S. Congress in 1989.

A distinguished author and scholar, Dr. Sergei Khrushchev is the son of former Soviet Premier Nikita Khrushchev (1957-1964) and a former Visiting Professor of Slavic Studies at Brown University, where he also served as a Senior Fellow at the Watson Institute for International Studies. Dr. Khrushchev’s research has focused on the history of the Cold War and the turning points in relations between the U.S. and the Soviet Union in the Khrushchev, Eisenhower and Kennedy eras; the history of Soviet missiles and space development, in which he played an active role; and the Soviet Union’s transformation from centralized to decentralized government and market economy. He co-authored his father’s memoirs, The Time, the People, the Power (1999), and translated them into English (2005-2007). Dr. Khrushchev is a popular commentator for the American media and the author of more than 350 books and articles, including Khrushchev on Khrushchev (1990), Nikita Khrushchev: Crisis and Missiles (1994) and Nikita Khrushchev and the Creation of a Super Power (2000).
CRUISING THE BALTIC SEA RESERVATION FORM

Send to: The University of Arizona Alumni Travel 1111 N. Cherry Avenue Tucson, AZ 85721 Phone: (800) 922-3088 Fax: (312) 609-1141

Title Full Name (exactly as it appears on your passport)
Title Full Name (exactly as it appears on your passport)
Street Mailing Address (no P.O. Box number please)
City State Zip Code
Telephone: (Home) (Mobile)
Email Address (Business)
Preferred Name(s) or Badge(s) Tour No. 034-05/23/19-003

Program reservations require a deposit of $800 per person and $200 per person Splendors of Stockholm Pre-Cruise Option and/or $200 per person Wonders of Norway Post-Cruise Option. By reserving and depositing on this program, I/we agree to the Release of Liability, Assumption of Risk and Binding Arbitration Agreement as printed on the outside back cover of this brochure.

I/We accept the conditions as stated in this brochure and submit my/our reservation(s) as indicated.

Signature as it appears on credit card

All FINAL PAYMENTS are required to be made by check or wire transfer by February 15, 2019.

UA Alumni Travel is open to all alumni and friends. We ask all travelers to become sustaining members of the Alumni Association by making a gift in the amount of $40 for seniors (65 years of age and older), and $50 for general alumni and friends (64 years of age and younger). For membership information, visit arizonaalumni.com/join or call 1-800-232-8278.

‡ We accept the conditions as stated in this brochure and submit my/our reservation(s) as indicated.
Finland's capital city of Helsinki showcases elegant Jugendstil architecture along its picturesque harbor.

RELEASE OF LIABILITY, ASSUMPTION OF RISK AND BINDING ARBITRATION AGREEMENT

RESPONSIBILITY: Gohagan & Company, the sponsoring associations/organizations, and its and their employees, shareholders, subsidiaries, affiliates, officers, directors or trustees, successors, and assigns (collectively "Gohagan"), do not own or operate any entity which is to or does provide goods or services for your trip including, but not limited to, operators and subsidiaries, companies, groups or related services, local ground operators, providers or organizers of optional excursions, food service or entertainment providers, etc. All such persons and entities are independent contractors. As a result, Gohagan is not liable for any negligent or willful act or failure to act of any such person or entity or of any other third party.

In addition and without limitation, Gohagan is not responsible for any injury, loss, death, inconvenience, delay, or damage to person or property in connection with the provision of any goods or services whether resulting from, but not limited to, acts of God or force majeure, acts of government, acts of war or civil unrest, insurrection or revolt, bites from or attacks by animals, or by injury resulting from the rigors and requirements of participating in the activities, or who is abusive to the fare basis, likely is nonrefundable. Your airline ticket constitutes a contract of carriage under the laws applicable to air travel and your claims or recovery will be governed by the laws and regulations of the country in which you are located. All air transportation is subject to the terms and conditions of the air carrier. In the event of a trip cancellation, in the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement.

CANCELLATIONS: Cancellations for all or any part of the trip including Pre/Post Program(s) reservation(s) will not be effective unless received in writing in the offices of Gohagan. Should you have to cancel, the following terms will apply: reservation cancellation(s) are subject to a $200 ($50 Per/Post Program(s)) per person administrative fee from the time of booking through 120 days prior to departure; from 95 through 119 days prior to departure, $800 ($200 Per/Post Program(s)) per person; from 60 through 94 days prior to departure, 50% of the published full regular tariff; cancellations 59 days or less prior to departure, no-show, or early returns from the trip will result in forfeiture of 100% of the published full regular tariffs. In addition, any applicable airline cancellation fees, optional excursion cancellation fees and administrative fees may apply.

TRIP INSURANCE: We strongly recommend that you purchase trip cancellation insurance. In the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement.

RATES: Prices quoted are based on fares in effect at the time of printing and are subject to change at any time. On land and/or cruise programs, even after full payment, Gohagan reserves the right to increase the tour price in the event of cost increases due to changes in supplier costs, currency fluctuations or fuel or energy surcharges and all such increases are to be paid to Gohagan upon notice to the participant of such increases. On programs which include Gohagan purchased interstate or international air (which originates or returns to the United States), no increased costs will be passed on after final payment except for applicable governmental tax increases.

REGISTRATION: CST#: 2031888-40, VST#: 601 767 666, OST#: TA 0905.

BINDING ARBITRATION: Any dispute concerning, relating or referring to this Agreement, the brochure or any other literature concerning the trip, the trip itself, shall be resolved exclusively by binding arbitration pursuant to the Federal Arbitration Act, 9 U.S.C. Section(s) 1-16, either according to the then existing Commercial Rules of the American Arbitration Association (AAA) or pursuant to the Comprehensive Arbitration Rules & Procedures of the Judicial Arbitration and Mediation Services, Inc. (JAMS). Such proceedings will be governed by substantive (but not procedural) Illinois law and will take place in Chicago, IL. The arbitrator and not any federal, state, or local court shall have exclusive authority to resolve any dispute relating to the interpretation, applicability, enforceability, conscionability, or formation of this contract, including but not limited to any claim that all or any part of this contract is void or voidable. Please understand that by agreeing to these terms and conditions, the participant and Gohagan are waiving the right to a trial by jury.

ACCEPTANCE OF CONTRACT: By forwarding of deposit, the participant certifies that he/she does not have any medical, physical or other condition of disability that would create a hazard for him/herself or other participants and accepts the terms contained in this Release of Liability, Assumption of Risk and Binding Arbitration Agreement.

PHOTO CREDITS: 123RF, Age Fotostock, Alamy, Deposit Photos, EStock Photo, Shutterstock; all images are rights managed and cannot be used without permission.

Gohagan & Company
209 South LaSalle Street
Suite 506
Chicago, Illinois 60604-1446
(312) 609-1140 or (800) 922-3088
http://www.gohagantravel.com
© Gohagan & Company

09/18/1