

Introductory Statement: You need a mentor – It's tough out there.

- At work
- In life

Rules of the Cohort:

- Respect for each other
- Everyone gets an opinion
- Everyone gets heard

Our relationship will continue beyond the allotted 8 sessions. My mentorship is always available to you

We're going to treat each other as if we have already graduated and are valuable as employees and potential employees. We can tackle personal issues as appropriate.

Initial discussions

I want to know your story

My Story and what I can do for you

My initial reaction to your resumes

What do you want to get out of our sessions?

These are potential discussions for your consideration

- Critical skill sets – writing, decision-making, goal setting
- Resolutions to situations
- Interview techniques
- Business solutions
- Business development and business relationships
- Leadership
- Principles and techniques for success
- Interoffice communications/the importance of communications
- Communication and Social Media traps
- Determining your value
- Thoughts about remaining in Tucson/Arizona after graduation
- Preparation – Always come prepared and have something valuable to contribute.
- Comportment and how to act – in our discussions and importantly after the UofA
- Ethics and morals as a guiding path

Documents I will send you

- Colin Powell's 13 rules of leadership
- A good sample resume format
- The Eisenhower box

For Next Time:

Why and how are you valuable? Let's discuss your value; and how it can apply to resumes, elevator speeches, etc. Come prepared to discuss how and why you add value.